



Our school's mission statement is, "a unique school community committed to safe, quality education and personal achievement for all students".

This mission statement is underpinned by the school's 3Bs (respect, responsibility and personal excellence), which defines the central values that we desire for all of our community.

We offer Health Education, which gives every student opportunities to develop their critical thinking. They learn the knowledge and skills they need to make informed choices, be healthy and well, and contribute to the well-being of whaanau and their community.

Health Education teaches students the values and key competencies of the New Zealand Curriculum. The focus is on developing resilient ākonga, who have the ability to think critically and connect to the world around them, as well as positively contribute to their own and others well-being.

At Fairfield College, Health Education is integrated, as a compulsory subject for all year 9 and 10 students. Key areas of learning provide contexts for students to develop skills to be physically, mentally, emotionally and spiritually healthy. We explore: hauora and well-being, friendships and relationships, peer pressure, assertiveness skills, drugs and alcohol, decision making, mental health, resilience, nutrition, first aid, sexuality and gender. Throughout all of these topics, students will develop their ability to think critically, manage themselves, participate, contribute and relate to others- key competencies in the New Zealand Curriculum.

We also offer a NCEA Health programme from year 11 to year 13. The table on the following page has more information about this.

At Fairfield College, our Health Education programme is taught by passionate and qualified Health and Physical Education teachers, who are trained through specialist degrees and courses to identify student needs and design a learning programme in this subject. Occasionally, we also use external providers, such as the New Zealand Police, Rainbow Hub Waikato, Family Planning, doctors and nurses from within our community, Attitude and Life Education Trust to complement the Health Programme. Classes from these external providers add real-life context to the learning students have already had in their health classes. All of the material covered in these lessons and the people providing these, are reviewed by our Head of Faculty of Health and Physical Education before delivery, to ensure it aligns with our school curriculum and meets the learning needs of our students.

All health and well-being initiatives at our school build on what is taught in these classes. Some groups of students are supported to be involved in student-led programmes that create an inclusive school community where looking after your hauora is encouraged.

Health Education is provided to every student, with whaanau having the option to remove their student from all, or part of, the Sexuality Education programme. Some students may need further support on topics covered during lessons, which can be provided through the school guidance team.